

NEW CLIENT INFORMATION



Date \_\_\_\_\_

Therapist/Practitioner \_\_\_\_\_

Name \_\_\_\_\_ Preferred Nickname? \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_ Birth Date \_\_\_\_\_

Family – Spouse/Partner, Kids, Creatures? \_\_\_\_\_

Preferred Pronouns: she/her/hers he/him/his they/them/theirs other: \_\_\_\_\_

Email Address \_\_\_\_\_ May we add you to our mailing list? \_\_\_\_\_

Best Phone to Contact \_\_\_\_\_ C-W-H? Alternative Contact # \_\_\_\_\_

Emergency Contact – Name \_\_\_\_\_ Phone# \_\_\_\_\_

How did you learn about us? \_\_\_\_\_ May we thank them for their referral? \_\_\_\_\_

Have you received Professional Massage Therapy or Bodywork before? \_\_\_\_\_

What Kinds? \_\_\_\_\_ How often? \_\_\_\_\_

Please check off any of the following conditions or symptoms which apply to you now or in the past:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Osteoporosis           | <input type="checkbox"/> Pelvic injury             |
| <input type="checkbox"/> Contact Lens        | <input type="checkbox"/> Skin Infections        | <input type="checkbox"/> Hearing difficulties      |
| <input type="checkbox"/> Low Back Pain       | <input type="checkbox"/> Hypo or Hyperglycemia  | <input type="checkbox"/> Seizures                  |
| <input type="checkbox"/> Allergy to Nut Oils | <input type="checkbox"/> Contagious Conditions  | <input type="checkbox"/> Depression                |
| <input type="checkbox"/> Other Allergies     | <input type="checkbox"/> Muscle Sprain / Strain | <input type="checkbox"/> Constipation/Irregularity |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Heart Attack / Stroke  | <input type="checkbox"/> Hormonal Changes          |
| <input type="checkbox"/> Pregnant            | <input type="checkbox"/> Arthritis              | <input type="checkbox"/> Cancer                    |
| <input type="checkbox"/> Blood Clots         | <input type="checkbox"/> Headaches or Migraines | <input type="checkbox"/> Lymph Nodes Removed       |
| <input type="checkbox"/> Low Blood Pressure  | <input type="checkbox"/> TMJ Disorder           | <input type="checkbox"/> Radiation Therapy         |
| <input type="checkbox"/> Varicose Veins      | <input type="checkbox"/> Head injury            | <input type="checkbox"/> Lymphedema                |

Details for Above: \_\_\_\_\_

Please list and explain other conditions/symptoms you are or have experienced: \_\_\_\_\_

Have you had any serious or chronic illness, surgeries, or traumatic accidents? \_\_\_\_\_

If yes, please give dates and details: \_\_\_\_\_



Pre-Natal Only: Due date \_\_\_\_\_ Current trimester \_\_\_\_\_

Are you currently, or have you at any time within the last 12 months been under the care of a physician? If so, for what condition? \_\_\_\_\_

Are you on any medication? Yes/No If yes, which ones, and what condition are they prescribed for?

\_\_\_\_\_  
\_\_\_\_\_

If appropriate, *and with your knowledge in advance*, may we have permission to contact your Doctor / Therapist? \_\_\_\_\_

Doctor / Therapist Name: \_\_\_\_\_ Telephone \_\_\_\_\_

What forms of movement or activity do you enjoy regularly and how often?

\_\_\_\_\_

Do you drink caffeinated beverages? \_\_\_\_\_

Do you consume alcohol? \_\_\_\_\_

Do you smoke cigarettes? \_\_\_\_\_

How much water do you drink daily? \_\_\_\_\_

What are you passionate about? \_\_\_\_\_

What else would you like us to know about you to best provide for you during your session? \_\_\_\_\_

\_\_\_\_\_

What goals do you have for this and continuing sessions? \_\_\_\_\_

I have completed this health form to the best of my knowledge. I understand that Massage Therapy, CranioSacral Therapy®, Lymph Drainage Therapy® and other forms of hands on bodywork services are a therapeutic health aid. They do not take the place of a physician's care when indicated. I agree to release Alchemy Healing Arts Center, LLC, as well as the Therapist or Practitioner, from any liability from this and any future sessions.

Any information exchanged during a session is confidential and is only used to provide you with the best health care services. If I am not able to make a scheduled appointment, I agree to cancel the appointment 24 hours in advance by phone, unless I have a true emergency. In this case, I will call ASAP to reschedule my appointment. I understand that if I miss a scheduled appointment without giving 24 hour notice, I agree to pay the full appointment fee.

Signature \_\_\_\_\_ Date \_\_\_\_\_

If a minor, signature of Parent/Guardian is required:

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Name \_\_\_\_\_

At Alchemy Healing Arts Center we want you to know that we welcome everyone into our practice. We do our best to remain conscious and compassionate and work to help everyone to feel safe and comfortable. To that end, let us state that we welcome people of all races, color, sex, sexual orientation, gender identity, transition status, religion, ability, age, genetic information, veteran status, ancestry, or national or ethnic origin. We also and emphatically welcome people of all sizes and shapes, demonstrating Alchemy's commitment to build a more supportive community for people of size.

